



**Plum Creek  
Medical  
Group**

Welcome to *Better* Health Care

[www.plumcreekmedicalgroup.com](http://www.plumcreekmedicalgroup.com)

**Check your personal records**

**anywhere**, anytime using a computer, smartphone or tablet.

**Make more informed health decisions for yourself** and your family.

**Save valuable time** with online communication and scheduling tools.

**Manage your entire family's healthcare in one spot.**

# Access Your Medical Information Online

Welcome to the all-in-one personal health record and patient portal that lets you access your health information online and on the go!

- **Click the registration** link in the email you receive from [noreply@followmyhealth.com](mailto:noreply@followmyhealth.com).
- **Creat your portal login** using a unique username and password.
- **Enter the invitation code** provided by your medical organization and click "Agree" to the release of information.



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## Contact Us!

Email: [carolm@pcmed.biz](mailto:carolm@pcmed.biz)

Call: (308) 324-6386

To login to your medical information, visit:

[www.plumcreekmedicalgroup.com](http://www.plumcreekmedicalgroup.com)

## You will receive two emails:

- one welcoming you to the portal
- one confirming your connections with our organization



**You now have 24/7, secure  
online access to our patient portal  
and your medical information!**